

# Resisting Temptation

**Scripture...** No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it. 1 Cor. 10:13

**Story...** King David did not resist temptation and fell into complex sin when he committed adultery with Bathsheba and functionally had her husband executed. The fallout from this sin and not overcoming temptation led to major hardships in his life and others' lives. 2 Samuel 11-12

Why did David fall into this temptation?

What should he have been doing?

How long did he put off repentance?

**Head... How do I learn about and understand sin and find wisdom about resisting temptation?**

**James 1:14** But each person is tempted when he is lured and enticed by his own desire... **4:17** So whoever knows the right thing to do and fails to do it, for him it is sin.

**Isaiah 59:2** But your iniquities have made a separation between you and your God, and your sins have hidden his face from you so that he does not hear.

**John 8:34** Jesus answered them, "Truly, truly, I say to you, everyone who commits sin is a slave to sin.

**Heart... How do I really feel about sin, and do I really want to avoid unrighteousness?**

**Hebrews 2:18** For because he himself has suffered when tempted, he is able to help those who are being tempted... **4:15** For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin.

**Psalms 51:4** Against you, you only, have I sinned and done what is evil in your sight,

**Acts 17:30** The times of ignorance God overlooked, but now he commands all people everywhere to repent,

**Hands... How will I be vigilant to fight sin**

**Ephesians 6:10** Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil.

**1 Corinthians 6:18-20** Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

**Galatians 5:10** But I say, walk by the Spirit, and you will not gratify the desires of the flesh.

**Prayer...** Lord help me to fight sin and temptation. Show me truth about right and wrong. Make me strong in the righteousness of Christ. Jesus, give me victory over my shame. Holy Spirit, give me repentance and real change. And keep me from the destruction of evil, the devil, and my flesh.